Core Value Statement

What are the core values that motivate you to do your best work?

List your core values and circle the most important one.

Write a short statement about how you live or demonstrate that value every day. Refer to this statement before your next speech, presentation, or important conversation to build your confidence.

Here is an example: Integrity is a core value of my work and is the basis for all of my professional and personal interactions. I live this value every day by being honest with my friends, family, and coworkers, and holding myself accountable for all that I do. Integrity always takes precedence over easy choices. I strive to be a role model for my team and my family, while exhibiting the strong moral characteristics that I look for in others.