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## The 5 Components of Executive Presence: Speak with Authenticity and Authority

Please evaluate yourself in each of these areas

	<i>Lowest</i>			<i>Highest</i>	
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Content</b>					
<i>Can you speak in clear, concise, persuasive language?</i>					
<i>Can you speak up during moments of crisis?</i>					
<i>Can you get to the point quickly?</i>					
<b>Confidence</b>					
<i>Are you confident in yourself and in the value of your work?</i>					
<i>Do you feel a sense of purpose and/or pride in what you do?</i>					
<b>Nonverbal Communication</b>					
<i>Are you physically present during a meeting or conversation?</i>					
<i>How do you walk into a room? How do you sit or stand?</i>					
<i>What does your attire (clothing) communicate to others?</i>					
<b>Voice &amp; Tone</b>					
<i>Does the power of your voice match the power of your words?</i>					
<i>Do you speak with confidence and authenticity?</i>					
<b>Interactions with Others</b>					
<i>What relationships do you have with those around you?</i>					
<i>Do others see you as a trustworthy partner?</i>					
<i>Do you listen and ask questions of others?</i>					

***Based on your self-assessment, which area(s) do you want to focus on?***

***After your speech today, what feedback did you receive from your colleagues?***

***What 2 things are you going to do differently going forward?***

**1.**

**2.**